



## MASON LAW GROUP

WILLS • TRUSTS • ESTATES

### A Letter to Guardians

This is a letter that you write specifically for the person that will be the guardian of your children should something happen to you. In it you detail the crucial minutia of your daily life. You can express the things that might be considered too personal to include in your trust, or the things that change too frequently—but are essential to the daily fabric of your life, such as:

- After-school activities
- Names and phone numbers of your children’s “best friends”
- Your preferences for religious upbringing
- Unique holidays and traditions celebrated by your family
- Pediatrician name and phone number (or other health-care providers)
- Your discipline style and parenting resources you find helpful
- Your children’s favorite foods, favorite toys, comfort objects
- Medical concerns, such as allergies, medications, previous medical treatment
- Dietary restrictions
- Your Core values\*

All of these things are obvious to you, but not necessarily your children’s guardian, no matter how well they know you and your family. Sharing these comfortable people, places, activities, and values will help your children through a difficult transition should tragedy strike. You can’t be sure that you will always be there to guide your children into adulthood, but you *can* be sure they will always know your hopes and wishes for them.

When you are done saying everything there is for you to communicate to your children’s guardian, date and sign the letter.

Note: This letter is a companion to [The Personal Letter](#), which gives you the opportunity to let your loved ones know how best to handle your estate after you die and the things that are most important to you.

If you are interested in doing an exercise for identifying your core values, click [Core Values Exercise](#).